



Day 1 (Saturday)

John O'Groats A836 Thurso	20 miles
Thurso A836 Golval	16 miles
Golval A897 Helmsdale	39 miles
Helmsdale to A839 Jct.	20 miles
A839 Jct to Rogart Station	5 miles
Total	100 miles

Accommodation Train Carriages at Rogart Station

Day 2 (Sunday)

Pittentrail A839 Lairg	9 miles
Lairg A836 Bonar Bridge	11 miles
Bonar Bridge A836 to B9176 Jct	4 miles
B9176 to B817	14 miles
B817 to Dingwall	9 miles
Dingwall A862 Muir of Ord	6 miles
Muir of Ord to A833	5 miles
A833 to Milton	10 miles
Milton A82 Fort William	54 miles
Total	122 miles

Accommodation Bank Street
Hostel ph. 01397 700711

Day 3 (Monday)

Fort William A 82 Ballachulish	12 miles
Baalachulish A82 Crianlarich	41 miles
Crianlarich A85 Lochearnhead	16 miles
Lochearnhead A84 Callander	14 miles
Callander A84 Doune	8 miles
Doune A84 Sterling	6 miles
Sterling A872 Denny	7 miles
Denny B818 Carron Bridge	3 miles
Carron Bridge to Kilsyth	3 miles
Kilsyth B802 Glemavis	7 miles
Glenmavis B802 Airdrie	2 miles
Airdrie A73 Newmains	7 miles
Newmains A71 Jct 8 M74	4 miles
Jct 8 B7078 Abingdon	18 miles
Total	148 miles

Accommodation Days Inn Jct 13 M74



Day 4 (Tuesday)

Abington A702 B7078 Jct	5 miles
Jct B7078 to Beattock	13 miles
Beattock B7076 Lockerbie	14 miles
Lockerbie B7076 Gretna	15 miles
Gretna A6071 Longtown	4 miles
Longtown A6071 Brampton	11 miles
Brampton B6413 Lazonby	13 miles
Lazonby B6412 to Jct A66	9 miles
A66 to Temple Sowerby	1 mile
Temple Sowerby to King's Meaburn	4 miles
King's Meaburn to Crosby Ravensworth	7 miles
Crosby Ravensworth to B6260 Orton	5 miles
Orton B6260 Tebay	3 miles
Tebay A685 Kendall	11 miles
Kendall to Accommodation	3 miles
Total	118

Accommodation Travel Lodge Kendal

Day 5 (Wednesday)

Kendal to B6254	2 miles
B6254 to Kirkby Lonsdale	11 miles
Kirkby Lonsdale A683 Wrayton	4 miles
Wrayton A683 Brookhouse	8 miles
Brookhouse to Crossgill	5 miles
Crossgill to Quernmore	3 miles
Quernmore to Street	6 miles
Street to Claughton	8 miles
Claughton to Inglewhite	2 miles
Inglewhite to Longridge	5 miles
Longridge B6243 Jct A675 Preston	6 miles
Jct A675 to Witherrell Fold	6 miles
Witherrell Fold A674 Chorley	5 miles
Chorley A5106 A49 Wigan	8 miles
Wigan A573 Winwick	9 miles
Winwick A579 Warrington	1 mile
Warrington Bridge A49 Acton Bridge	6 miles
Acton Bridge B5153 to Jct B5152	2 miles
Jct B5152 to Delamere	2 miles
Delamere A556/A54 Ashton	3 miles
Ashton A54 Tarvin	1 mile
Tarvin A51 Chester	3 miles
Chester B5130 to Jct A534	8 miles
A534 to Jct A5152 Wrexham	7 miles
Total	121 miles

Accommodation Travel Lodge Wrexham



Day 6 (Thursday)

Wrexham A525 Cross Lanes	4 miles
Cross Lanes A525 Bangor-is-y-coed	1 mile
Bangor on Dee B5069 Overton	2 miles
Overton A528 Ellesmere	5 miles
Ellesmere – Lee – Lower Hordley	
Bagley –Stanwardine Baschurch	13 miles
Baschurch – Yeaton – Forton	
Montford Bridge – Ford – Nox – Lea – Nox	
Hinton – Pontesbury – Bridges – Lydham	27 miles
Lydham A488 Bishops Castle	1 mile
Bishops Castle B4385 Purslow	7 miles
Purslow B4385 Marlow	5 miles
Marlow B4385 Leintwardine	2 miles
Leintwardine A4113 to Jct A4110	1 mile
Jct A4110 to Wigmore	3 miles
Wigmore A4110 Mortimers Cross	7 miles
Mortimers Cross B4362 Lucton	1 mile
Lucton to Eyton to Leominster	5 miles
Leominster B4361 Dinmore	4 miles
Dinmore A417 Bodenham Moor	2 miles
Bodenham Moor Withington Marsh	7 miles
Withington Marsh A465 Lugwardine	3 miles
Lugwardine A465 Hereford	1 mile
Total	101 miles

Accommodation Travel Lodge Hereford

Day 7 (Friday)

Hereford to Mordiford	3 miles
Mordiford B4224 Ross on Wye	11 miles
Ross on Wye B4234 Goodrich	3 miles
Goodrich Cycle track Symonds Yat	
Monmouth	4 miles
Monmouth A466 Chepstow	16 miles
Chepstow Seven Bridge Northwick B4055	
To A4018 Clifton Suspension Bridge	
Long Ashton	16 miles
Long Ashton B3130 Chew Magna	5 miles
Chew Magna B3114 West Harptree	3 miles
West Heptree to Wells	10 miles
Wells A39 Glastonbury to Street	12 miles
Street NCN3 Othery	9 miles
Othery A361 Taunton	14 miles
Total	106 miles

Accommodation Travel Lodge Taunton



Day 8 (Saturday)

Taunton NCN 3	10 miles
West leigh B3181 Cullompton	6 miles
Cullompton – Silverton – Shobrooke	
Crediton to Jct A377	5 miles
Coplestone A3072 – A386	7 miles
A386 Yelland	3 miles
Yelland A3079 Boasley Cross	3 miles
Boasley Cross Broadwoodwidge	7 miles
Broadwoodwidge Portgate Tinhay	
Lifton Launceston	6 miles
Launceston A30 Jct A395	4 miles
Tregadillett A395 Trewassa	11 miles
Trewassa A39 Wadebridge	14 miles
Wadebridge A39 Trevarren	14 miles
Trevarren to Fraddon	2 miles
Fraddon B3275 Jct A390	9 miles
Jct A390 to Truro	5 miles
Total	106 miles

Accommodation County Arms Truro and Final Supper at 7.00 pm

Day 9 (Sunday)

Truro to Jct A394	9 miles
Jct A394 to A30	18 miles
A30 Land's End	13 miles
Total	40 miles

Total 962 miles

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